

ALBERTA JEWISH PIPELINE

December 5, 2025
Kislev 16, 5786

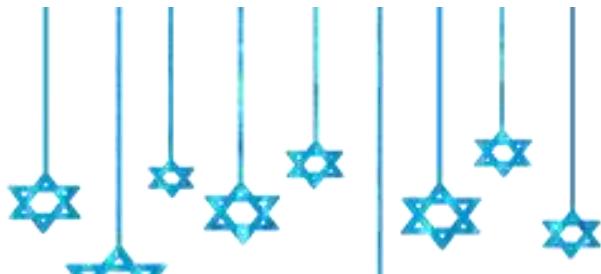


Light Shabbat candles Friday 4:13 PM
Shabbat ends Saturday 5:27PM

FREE WEEKLY EMAIL NEWSLETTER

*Send Chanukah Greetings to family
and friends worldwide in the Alberta Jewish Pipeline*

*Happy
Hanukkah*



Chanukah: December 14-22



Greetings cost: \$54, \$90, or \$144

Your greetings will appear in BOTH of our Chanukah editions.

Deadline to order your greeting is December 11th



780 481-8535
Alberta Jewish Pipeline ...
Serving Edmonton and Calgary since 2002
albertajewishpipeline@shaw.ca



The Alberta Jewish Pipeline is covering Israel

People from around the world are visiting Israel and volunteering ... to show love and support for the Israeli people who have endured and accomplished so much ...

During the last three weeks your publishers Gail and Bernie Estrin have been busy doing tours, volunteering with Sar-El Canada's army program, visiting friend and relatives, visiting Naamat Canada and Friends of JNF Canada's projects across Israel, touring devastated areas, and preparing and delivering meals for IDF soldiers at the Yellow Line.

People in Israel are very happy to see visitors and volunteers ...
We hope you will plan your next journey to Israel soon !



<https://sarelcanada.org/>



<https://www.friendsofjnfca.org/>



They came to kill Jews at the Nova Festival 2023



The Nova Festival memorial site is visited by thousands of Israelis and tourists every week.



Monument for the Police Station destroyed in Sderot ...



Kibbutz Kfar Aza - Destroyed, Residents Slaughtered ...



The Aleh Institute in Bnai Brak, Israel



Ingenious Israeli technology helps thousands of children and families live much healthier and happier lives.



ALEH creates hope for kids and families



Empowering Abilities for Over 40 Years



<https://aleh.org/en/aleh/>



*Rabbi Yehuda Marmorstein,
CEO and Founder*

Aleh strives to empower individuals with disabilities to overcome barriers and achieve success by providing them with the tools and professional support they need to thrive.

We believe that every person, regardless of their abilities, has the potential to lead a fulfilling and meaningful life, and we are dedicated to helping make that a reality.

Aleh strives to empower individuals with disabilities to overcome barriers and achieve success by providing them with the tools and professional support they need to thrive.

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300

Residents in Dormitories

222

Children in Special
Education Frameworks

9000

Treatments in the
Community

100

Toddlers in Rehabilitation
Day Care Center

650

Staff Members

132,000

Life-Saving Treatments
Annually

At Aleh 300 Residents get full care and rehabilitation



Spa at Aleh ... for children with disabilities



Aleh was targeted by Iranian Bombs in June 2025

During the 12-Day War with Iran, an Iranian missile tore through central Israel in the early dawn hours, striking a building adjacent to the ALEH campus and devastating everything.



המotto שלנו

אנו מאמינים
שশאובב מושׁה פרושׁו לארוח
כפי שהובירא יגיד אומת

אנו מאמינים
שכלבי הרים שודים וככל אודם
חוות נולם ומוראה

אנו מאמינים
שכלכ אודם מופתת הזכות להיות
חלק מסביבה החיים האופשי
בהתאם ליכטורי ובישורי
השtierת של יבנה רינת לכל נפש
ונפש ללא תלות בתרכות
זגב דת ומי

אנו מאמינים
שאודם עם מוגבלות הוא חלק
בלמי נפדר החברה והירושאלית
וושתת' טלה פטולת להשתלבות
בקהילה, לעוד פוטולותיה לשינוי
התודעה והיחסים כלמי השונת

אנו פומליים
במקומיה, באחבה
בחום ובריגושת

יהודה סוטומאשטיין
מנכ"ל וסיד

נעלה - הרשות הלאומית לטיפוף
וקידום ילדים ואנשים עם מוגבלויות

ALEH **נעלה**
CREATING HOPE

מצמיחים תקווה

הרשות הלאומית לטיפוף וקידום ילדים ואנשים עם מוגבלויות
THE NATIONAL INSTITUTE FOR THE TREATMENT AND ADVANCEMENT OF CHILDREN AND PEOPLE WITH DISABILITIES

Donation and Volunteer Opportunities
1-800-60-66-66

FRiENDS
OF **CANADA**

Delegations from US and Canada gather in Tel Aviv



Scenes from Jaffa, Israel



Na'amat Canada



Na'amat Canada and Na'amat US Leadership Conference



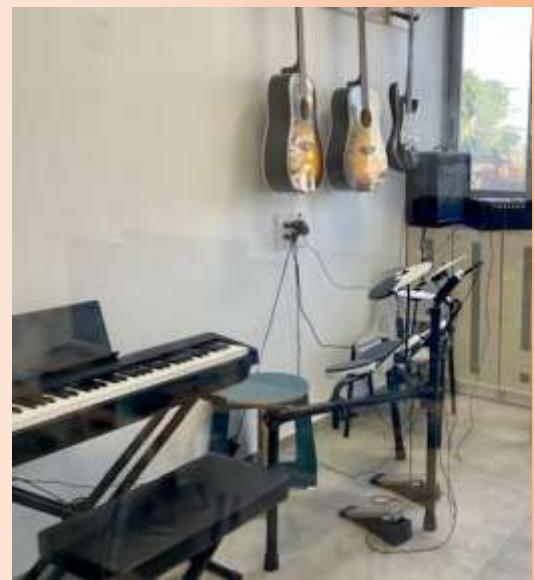
American Delegation and Alberta Delegation



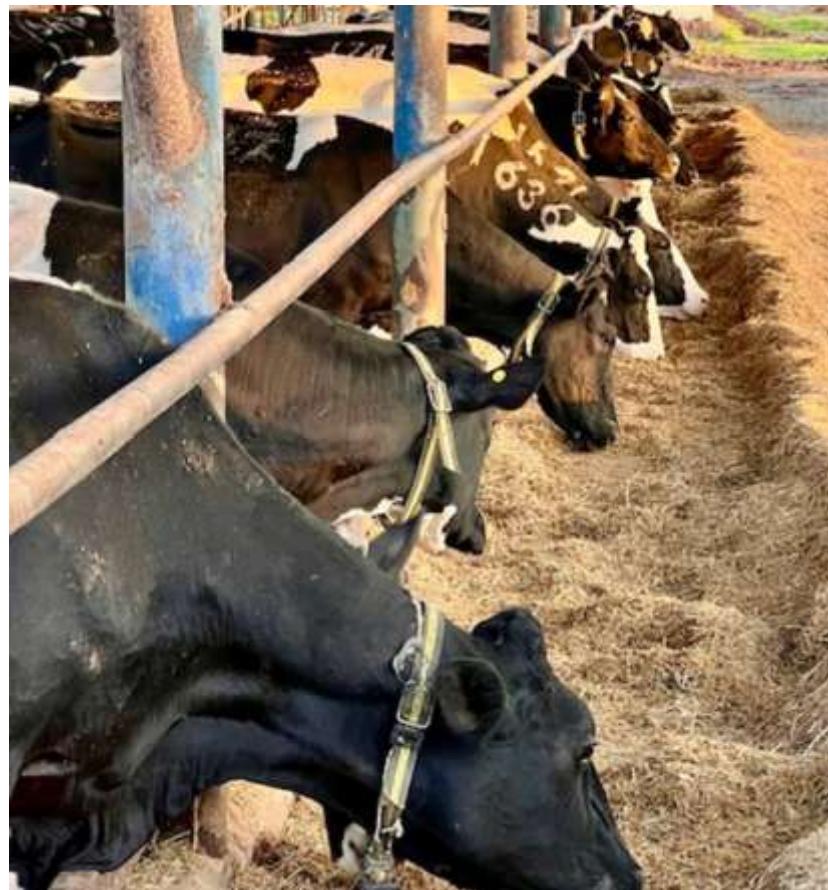
Na'amat Evening at the Port of Yaffo



Na'amat Head Offices in Tel Aviv and Kanot Youth Village ...



Na'amat Head Offices in Tel Aviv and Kanot Youth Village ...



Hagit Pe'er, President Na'Amat Israel and Na'amat International and Gail Estrin at Na'amat Headquarters in Tel Aviv

Na'amat Head Offices in Tel Aviv and Kanot Youth Village ...



TORAH PORTION "VAYISHLACH" IN A NUTSHELL ...



The name of the Parshah, "Vayishlach," means "And he sent" and it is found in [Genesis 32:4](#).

Jacob returns to [the Holy Land](#) after a 20-year stay in Charan, and sends angel-emissaries to [Esau](#) in hope of a reconciliation, but his messengers report that [his brother is on the warpath with 400 armed men](#). Jacob [prepares for war, prays](#), and sends Esau a large gift (consisting of hundreds of heads of livestock) to appease him.

That night, Jacob ferries his family and possessions across the Jabbok River; he, however, remains behind and encounters the angel that embodies the spirit of Esau, [with whom he wrestles until daybreak](#). Jacob [suffers a dislocated hip](#) but vanquishes the supernal creature, [who bestows on him the name Israel](#), which means "he who prevails over the divine."

Jacob and Esau meet, [embrace and kiss](#), but part ways. Jacob purchases a plot of land near Shechem, whose crown

prince—also called Shechem—[abducts and rapes Jacob's daughter Dinah](#). Dinah's brothers [Simeon](#) and [Levi](#) avenge the deed by [killing all male inhabitants of the city](#), after rendering them vulnerable by convincing them to [circumcise](#) themselves.

Jacob journeys on. [Rachel](#) dies while giving birth to her second son, [Benjamin](#), and is buried in [a roadside grave](#) near Bethlehem. Reuben interferes with his father's marital life. Jacob arrives in [Hebron](#), to his father, [Isaac](#), who later dies at age 180. (Rebecca has passed away before Jacob's arrival.)

Our Parshah concludes with a detailed account of Esau's wives, children and grandchildren; the family histories of the people of Seir, among whom Esau settled; and a list of the eight kings who ruled Edom, the land of Esau's and Seir's descendants.

Learn: [Vayishlach in Depth](#)
Browse: [Vayishlach Parshah Columnists](#)
Prep: [Devar Torah Q&A for Vayishlach](#)
Read: [Haftarah in a Nutshell](#)
Play: [Vayishlach Parshah Quiz](#)

TORAH GEMS

Give Your Heart to Me

"My child, give your heart to Me, and your eyes will desire My ways." (Proverbs 23:26) The heart is the seat of desires. Hashem exhorts us to channel our will and longing to Him and His service (R' Yonah). One way to do this is to limit our consumption of the resources of this world and concentrate on attaining wisdom and serving Hashem (R' Bachya, Introduction to Parashas Ki Seitzei). If a person uses his heart to understand Hashem's words, he will know that His ways are upright, and as a result he will direct his eyes to serve Him (Metzudos). The Sages (Berachos 12b) associate your hearts with heresy and your eyes with thoughts of immorality. Accordingly, someone will make his parents happy (v. 25) if he

commits his heart to absorbing Torah wisdom, so that he will not be attracted to heresy. Similarly, if his eyes are totally focused on Hashem's ways, they will not be drawn after lustful pursuits (Malbim). Homiletically, some people think that in order to come closer to Hashem, they must neglect their physical health, fast, and deny themselves any physical enjoyment. Our verse says no. Give your heart to Me, but do not neglect your body. Instead, take care of yourself, but do it to remain healthy and serve Hashem better (Ginzei Yosef).

Adapted from Artscroll's "The Writings; Proverbs" by Rabbi N. Scherman & Rabbi M. Zlotowitz, page 209. Torah Gem Archives: <https://groups.google.com/forum/#!forum/torahtidbits>

YIDDISH CORNER ...

Yeder ayzl hot lib tsu hern vi er aleyn shrayt.

Every ass likes to hear himself bray.



Az me zukht mit seykh! gefinen shoyndi hent.

If one seeks with brains, the hands will soon find.

Di noyt sharft dem seykh!

Necessity sharpens the mind.

[Adapted from Words Like Arrows, Shirley Kumove]

Recipe of the week ...

the nosher

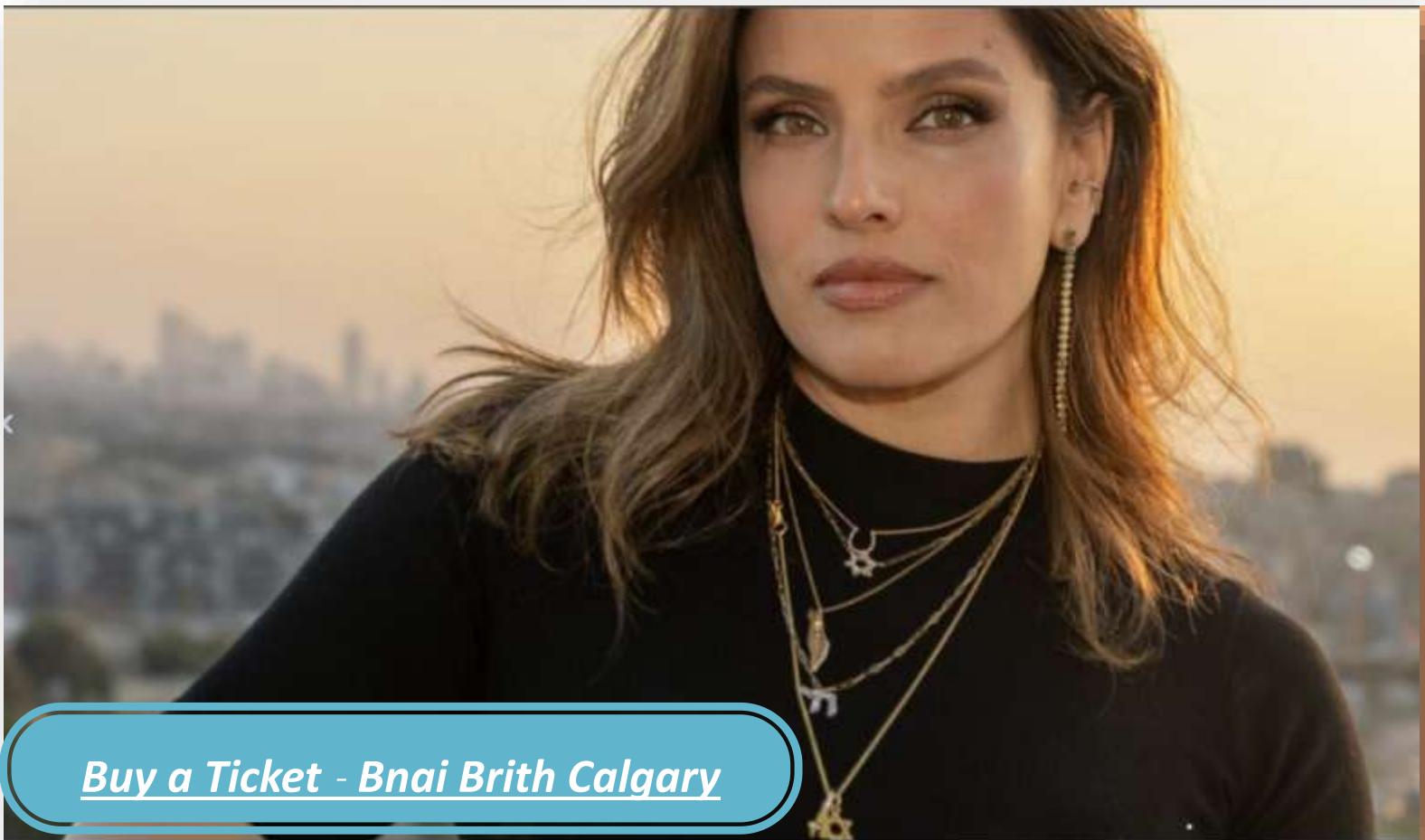


Carrot Tahini Soup with Za'atar Challah Croutons Recipe

A simple warming soup with a bit of challah crunch.

<https://www.myjewishlearning.com/the-nosher/carrot-tahini-soup-with->

This Sunday Dec. 7, 1 PM at Beth Tzedec Calgary



Buy a Ticket - B'nai Brith Calgary

B'nai Brith Calgary is pleased to welcome [NOA TISHBY](#) – a globally recognized author, activist, and social media influencer – in conversation with [Amanda Eskenasi](#), former National Director for the B'nai Brith League for Human Rights and current Director of Education for HonestReporting Canada.

NOA TISHBY has become one of the most prominent and compelling voices advocating for Israel

and fighting antisemitism worldwide. Her ability to speak truth with clarity and passion is both rare and urgently needed. Noa speaks directly to the challenges we face today, offering not only the facts but also empathy, historical context, and a message of resilience.

This is more than just a speaking event – it's a moment to educate, inspire, and strengthen our voice against hate.

IN CONVERSATION WITH NOA TISHBY

The globally recognized New York Times bestselling author, activist, and social media influencer is coming to Calgary on Sunday, December 7, 2025.

Special Guest Moderator Amanda Eskenasi





DON'T MISS OUR ANNUAL HANUKKAH FAMILY PARTY



Celebrate the Festival of Lights with our annual Family Hanukkah Party! Gather your loved ones and join us for a joyful morning filled with music, crafts, games, and the warm spirit of community. We'll mark the holiday with festive activities for all ages, delicious Hanukkah treats, and plenty of opportunities to create special memories together.

Bring your family, invite your friends, and get ready for a bright and beautiful celebration!

<https://bethzedec.ca/event/family-hanukkah-party/>

News from Calgary

LEARN MORE ABOUT OUR B'NAI MITZVAH PROGRAM

GROUP SESSIONS

SUNDAYS, MONTHLY THROUGHOUT THE YEAR
10:00AM TO 12:00PM

Students will learn with both Beth Tzedec rabbis while preparing for their B'nai Mitzvah with a unique and comprehensive curriculum. Beyond learning to successfully lead a B'nai Mitzvah service, they'll develop a deep understanding of the beauty of our tradition.

INDIVIDUAL SESSIONS

WEEKLY OR BI-WEEKLY BEGINNING
NINE MONTHS OUT FROM YOUR SIMCHA

Students will benefit from more personal attention throughout the year, punctuated by group time with their peers, community building and exploring their mitzvah projects, and sharpening their Torah/service-leading skills.

**PLUS ASK ABOUT HOW CELEBRATING A
B'NAI MITZVAH AT BETH TZEDEC CAN HELP
FUND A TRIP TO ISRAEL FOR YOUR CHILD**

For more information and to register
call **(403) 255-8688**

Beth Tzedec Congregation

Heshvan — Kislev 5786 | 13

News from Calgary

Canadian Hadassah-WIZO (CHW) Calgary Centre is hosting a *Dance for Connection* workshop on December 8, led by Julia Zaides, CCC, MA DMT, EDT, exploring movement, imagination, and expression through creative dance improvisation.

De-
self

No experience needed—just curiosity. CHW Calgary Centre is also collecting donations for its annual Toy Drive supporting local underprivileged families. Learn more at chw.ca/region/western-region or email malkadeena@chw.ca



Malka-Deena Lewis

Senior Development Coordinator, Calgary and
Western Canada

CHW (Canadian Hadassah-WIZO) | chw.ca
403-253-4612 | malkadeena@chw.ca

Chanukah Meal and Party at BI in Edmonton

WED

DEC 17

6:00 -

8:30 PM

BETH ISRAEL

131 WOLF WILLOW RD

SUF GAN IYOT GOODIES



AGES 5 AND UNDER: FREE

YOUTH, AGES 6-17: \$18

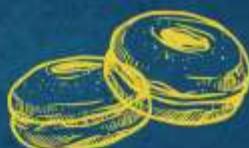
ADULTS, AGES 18+: \$26

REGISTER: FAMILYSHUL.ORG



chanukah meal

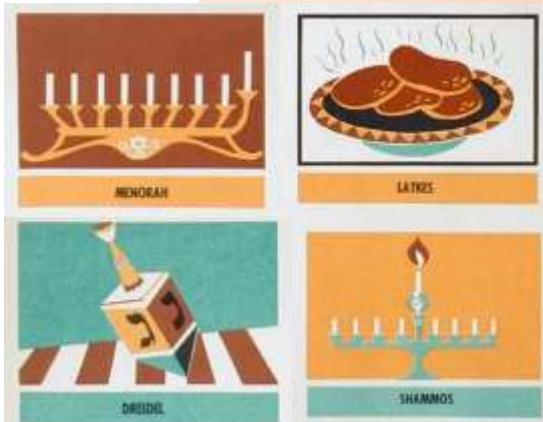
**CANDLES
GAMES
PRIZES**



**50/50
DRAW
DEC 22**

RAFFLEBOX.CA/RAFFLE/EHA

AGLC# 761511



Plan to attend free Chanukah at the Legislature Dec. 14



בכ"ה



CHABAD OF EDMONTON INVITES YOU TO JOIN US FOR THE



CHANUKAH CELEBRATION

PUBLIC MENORAH LIGHTING

DEC | 14 | 2025
4:30-5:30 PM

Childrens
program

21 foot
menorah

ALBERTA LEGISLATURE
DIGNITARIES IN ATTENDANCE
LATKES | DONUTS | TALMUD TORAH CHOIR

FREE PARK & RIDE
PICK UP AT BETH ISRAEL 3:30 PM
PICKUP AT BETH SHALOM 4:00 PM
RETURN AT 6:45 PM

SPONSORED IN PART BY EDMONTON JEWISH FEDERATION, YES KOSHER FRIENDSHIP & NCJW

What's happening in Edmonton ...



Everything kosher,
all in one place.

NOFRILLS
10467 80th Avenue NW., Edmonton

Brook's

Come to see our great selection of kosher meat, dairy and pareve products.
We have plenty of Chanukah items in stock !

What's happening in Tel Aviv today?



It's a great day to explore,
get some sunshine, or seek
treasure on the Mediterranean.

Chanukah in Edmonton



Beth Shalom Congregation with the support of Jewish Federation of Edmonton, Jewish Family Services & Hadassah WIZO Canada invites the Entire Jewish Community to

CHANUKAH CELEBRATION

**Saturday,
Dec. 20
at Beth Shalom
(11916 Jasper Ave)**

RSVP &
prepayment
are required
780.488.6333/301,
or by email at:
[info@e-
bethshalom.org](mailto:info@e-bethshalom.org)

5:00 pm - Open Doors
5:15 pm - Havdalah Service
followed by Kids' & Adult
Programs & Candle Lighting
Ceremony

6:00 pm - Dinner
\$45.00 Adult
\$15.00 Teenagers (12-18)
Free Kids (0-11)

Persons who need
assistance regarding the cost
of dinner please contact the
Beth Shalom office at
780.488.6333/301,
or by email at
info@e-bethshalom.org



Jewish Federation
OF EDMONTON

ALBERTA JEWISH PIPELINE



FREE WEEKLY EMAIL NEWSLETTER



About Shlomi's Food Truck ...

https://youtu.be/fhSRjASvH_k

<https://youtube.com/shorts/QUNQ-P8OfKE?si=NAwEbO1mNLMYBNNq>

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ALBERTA JEWISH PIPELINE

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